



For over 60 years Comeau's Sea Foods have harvested Atlantic Canadian Sea Scallops as part of the Canadian off-shore scallop fleet. They are primarily harvested from George's bank, one of the world's richest fishing grounds, also known as one of the most sustainable fisheries. The off-shore scallop fleet uses the latest technology available as well as decades of experience to minimize the environmental impact of harvesting. Comeau's Sea Foods has earned a reputation for quality and consistency. Comeau produces a variety of sizes and packing styles including individual quick frozen and block frozen.



Atlantic Sea Scallops

Product Details

Nutrition Facts

Valeur nutritive

Per 4 scallops (125 g)
pour 4 pétoncles (125 g)

Calories 110

% Daily Value *
% valeur quotidienne *

Fat / Lipides 0.5 g 1 %
Saturated / saturés 0 g 0 %
+ Trans / trans 0 g

Carbohydrate / Glucides 4 g
Fibre / Fibres 0 g 0 %
Sugars / Sucres 0 g 0 %

Protein / Protéines 22 g

Cholesterol / Cholestérol 40 mg

Sodium 200 mg 9 %

Potassium 400 mg 9 %

Calcium 20 mg 2 %

Iron / Fer 0.4 mg 2 %

* 5% or less is **a little**, 15% or more is **a lot**

* 5% ou moins c'est **peu**, 15% ou plus c'est **beaucoup**

Product Code	Description	Case	Pack	UPC / SCC
1265	FAS 10-20	30 lb	6 x 5 lb	0-62763-01265-2 100-62763-01265-9
1266	FAS 20-30	30 lb	6 x 5 lb	0-62763-01266-9 100-62763-01266-6
1267	FAS 30-40	30 lb	6 x 5 lb	0-62763-01267-6 100-62763-01267-3
1285	Block Frozen 10-20	50 lbs	10 x 5 lb	0-62763-01285-0 100-62763-01285-7
1286	Block Frozen 20-30	50 lbs	10 x 5 lb	0-62763-01286-7 100-62763-01286-4
1287	Block Frozen 30-40	50 lbs	10 x 5 lb	0-62763-01287-4 100-62763-01287-1
1311	IQF 10-20	30 lb	6 x 5 lb	0-62763-01311-6 100-62763-01311-3
1308	IQF 20-30	30 lb	6 x 5 lb	0-62763-01308-6 100-62763-01308-3
1310	IQF 30-40	30 lb	6 x 5 lb	0-62763-01310-9 100-62763-01310-6
1313	IQF Pieces 16 x 12 oz	12 lb	16 x 12 oz	0-62763-01313-0 100-62763-01313-7
1304	IQF Pieces 2 x 5 lb	10 lb	2 x 5 lb	0-62763-01304-8 100-62763-01304-5

Ingredients

Whole scallops & pieces