



# Comeau®

Atlantic Sea

# Scallops

Comeau's is proud to be a French Acadian family owned business that's been harvesting and processing seafood since 1946.

Our new custom built scallop-harvesting and freezer trawler uses the latest technology combined with sustainable fishing practices allowing us to offer premium frozen at sea (FAS) Atlantic Canadian scallops while minimizing environmental impacts.

We take great pride in being able to offer wild-caught FAS scallops that are 100% natural and packaged under the exceptionally strict global food safety standards of BRCGS\*. This ensures that Comeau's can offer the safest and highest quality seafood products to all their customers around the world.

Nutrition Facts	
Valeur nutritive	
Per 3 scallops (125 g) pour 3 pétoncles (125 g)	
<b>Calories 110</b>	<b>% Daily Value *</b>
	<b>% valeur quotidienne *</b>
<b>Fat / Lipides 0.5 g</b>	<b>1 %</b>
Saturated / saturés 0 g	
+ Trans / trans 0 g	<b>0 %</b>
<b>Carbohydrate / Glucides 4 g</b>	
Fibre / Fibres 0 g	<b>0 %</b>
Sugars / Sucres 0 g	<b>0 %</b>
<b>Protein / Protéines 22 g</b>	
<b>Cholesterol / Cholestérol 40 mg</b>	
<b>Sodium 200 mg</b>	<b>9 %</b>
Potassium 400 mg	<b>12 %</b>
Calcium 20 mg	<b>2 %</b>
Iron / Fer 0.4 mg	<b>2 %</b>
*5% or less is a <b>little</b> , 15% or more is a <b>lot</b>	
*5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>	

\*Please note that our NFT is subject to change based off scallop sizing.

Code	Description	Case	Pack	UPC / SCC
1291	FAS U12	10lbs	2x5lb	0-62763-01291-1/100-62763-01291-8
1292	FAS 10-20	10lbs	2x5lb	0-62763-01292-8/100-62763-01292-5
1293	FAS 20-30	10lbs	2x5lb	0-62763-01293-5/100-62763-01293-2
1294	FAS 30-40	10lbs	2x5lb	0-62763-01294-2/100-62763-01294-9

### Preparation/Handling

- Quick Thaw (1h):**
- 1: Remove scallops from package.
  - 2: Rinse ice glaze with cold water.
  - 3: Place scallops in closed bag and thaw overnight in fridge or with running water for faster results.

### Ingredients

**Whole Scallops.**

### Additional Information

**Product Packaging:** Individually quick frozen.  
**Product Storage:** Cardboard Box.



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