

Nor'easter *Eggs Benedict*

Recipe Type: Ready to Cook Serves 6



INGREDIENTS

Hollandaise Sauce:

- 3 Large Egg Yolks
- 225g Unsalted Butter, Melted
- 1 Tbsp Lemon Juice
- 1/2 Tsp Tabasco
- Salt to Taste

- 6 Comeau Fish Cakes
- 225q J. Willy Krauch Cold-Smoked Salmon
- 6 Large Eggs
- 1 Tbsp Chives, Finely Chopped (Garnish)
- 1/2 Lemon, Zest (Garnish)

INSTRUCTIONS

Nor'easter Eggs Benedict:

- 1. Preheat a frying pan over medium heat with 2 Tbsp of cooking oil.
- 2. Cook the Comeau's Fish Cakes from frozen for 5 min on each side

Hollandaise:

- 1. Whisk egg volks in a stainless steel bowl, until frothy. Whisk in lemon juice, Tobasco, hot water, and salt,
- 2. Set bowl over saucepan containing about 1 1/2 inches simmering water. Heat, whisking constantly, until egg mixture turns pale yellow, thickens slightly and increases in yolume. Remove from heat. Slowly whisk in melted butter until sauce is smooth and thickened.

Poached Eggs:

- 1. Crack 6 eggs into a small mixing bowl, and add 1 Tbsp of White vinegar to the bowl. Bring a medium saucepot half-full with water, and 1 Tbsp of vinegar to a gentle simmer. Add eggs to pot of water, Gently simmer for 4 to 5 mins or until desired doneness is achieved.
- 2. To serve, assemble the Eggs Benedict using the Comeau's Fish Cakes as the base, then place 2 neatly folded pieces of J. Willy Krauch Cold-Smoked Salmon atop of the fish cakes, top with a poached egg and coat with hollandaise. Serve immediately.





